

March 4, 2010

The mission of Sacred Heart School is to promote life-long learning and Christian values.

Dear Parents,

A gift that you, more than anyone else, can give to your child is a sense of self-worth. Unfortunately there is no way you can shield a youngster from disappointments, disasters, and problems; but you can build confidence and self-awareness that make it possible to overcome discouragement which could otherwise be overwhelming. This inner sense of being a worthwhile and valuable human being is surely a treasure that is yours to bestow.

How do you offer this special gift? You listen to your child (even when you are busy). You speak words of love and praise. When things are not going well, show that you are still supportive and love them.

Letting children think through their problems and find solutions builds self-esteem. Solving problems for them, or conveying the idea that your way is always better, will increase dependence and decrease self-confidence. Our care, our concern, and our guidance are important to young people, but so is our willingness to "let go" and encourage them to be the very special, very precious individuals God intended them to be.

Report Cards...Report Cards for the winter trimester will be mailed on Monday, March 22, 2010.

Registration for 2010-2011...Registration information for students currently in grades K-3 will be sent on Wednesday, March 10, 2010. Registration information and fees are due on Wednesday, April 7, 2010.

Fourth Grade Recorder Recital...The students in 4th grade will have a recital on Wednesday, March 17, 2010 **following** the 9:00 a.m. Liturgy in the Church. All parents are welcome to attend this short recital following our Liturgy celebration planned by the 2nd grade students.

Faith Sharing Centers... Second grade students will have Eucharist Faith Sharing Centers on Monday, March 22, from 3:00-7:00 p.m. in the TC Center Gym. **The centers take about one hour to complete and are designed to be done by parent and child.**

Preschool Screening...Preschool screening is required for all incoming kindergarten students. The Family Education Center will be screening students this spring on May 17 and 18, 2010. Please contact The Family Education Center at 835-2222 to set up an appointment for your child.

Kindergarten Readiness Information Night...A panel of educators will provide parents with information about Kindergarten expectations, child development, what parents can do to help their child prepare for school, what to look for to determine your child's readiness to start Kindergarten next fall and more, including time for individual questions. The event will be held on Monday, March 8, 2010 at 6:30 p.m. at the Family Education Center in the Central Intermediate School.

Kindergarten Open House...Kindergarten Open House for the 2010-2011 school year will be **Monday, March 15, 2010** from 5:00-7:00 p.m.

Kindergarten Immunizations...Kindergarten students entering in the fall are required by state immunization laws to have the series of three hepatitis B shots, chicken pox immunization, and MMR, DTP, and Polio boosters. **Students will not be admitted the first day of school without documentation of immunization proof.**

Standardize Test Dates For 2010...Just a reminder that all third and fourth grade students are required to take the reading and math portions of the Minnesota Comprehensive Assessment (MCA). Students in grades K-2 will take the Iowa Test of Basic Skills (ITBS). We ask that your child/ren be in school on these dates, for we are held accountable for student attendance and can be penalized for absent students who are not able to complete the tests. The MCAs will be given April 20, 21, 27, and 28, 2010. The ITBS will be given April 19-23, 2010.

Fourth Grade Environmental Trip...The fourth grade environmental trip has been set for May 27 and 28. Camp Omega is a Christian camp focusing on activities that will help build faith. Students will participate in activities such as canoeing, archery, hiking, campfire devotions, and much, much more! **Please continue to save aluminum cans until the new container from Gopher Scrap Metal arrives. The money will be used to help our 4th grade families pay for Camp Omega.**

Sacred Heart Website...A reminder that all parent letters, lunch menus, registration information, field trip forms, school updates, etc. may be found on the parish website www.sacredheartwaseca.org .

Influenza...Influenza is a contagious respiratory disease. It is caused by a virus that attacks the nose, throat, and lungs, but is different from a cold. Symptoms come quickly in the form of fever, headache, tiredness, dry cough, sore throat, nasal congestion, and body aches. Gastro-intestinal symptoms, such as nausea, vomiting, and diarrhea, are more common among children. Things that you can do to avoid getting a virus and to help prevent the spread of viruses are:

1. Avoid close contact with people who are sick. When sick, keep your distance from others to protect them from getting sick too.
2. Stay home when you are sick. If your child has a temp of 100 degrees or higher, they must stay home from school until they have been fever free for 24 hours. This is for your protection as well as everyone else's.
3. Cover your nose and your mouth with a tissue when coughing or sneezing. This will help prevent the spread of viruses.
4. Washing your hands often will help protect you from germs.
5. Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches their eyes, nose, or mouth.

Thank You...Thank you to Lori Anderson from Prairie Dental Arts and to Kathy Miller from Family Dentistry for their presentations on Dental Health and the new toothbrushes donated to the students. I hope parents will reinforce what the students learned. Cindy Rieck, School Nurse

Calendar Updates

Wednesday, March 10
Thursday, March 11
Friday, March 12
Monday, March 15
Wednesday, March 17

Monday, March 22
Wednesday, March 24

Monday, March 29
Wednesday, March 31
Thursday, April 1
Friday, April 2
Monday, April 5
Wednesday, April 7
Thursday, April 8

12:15 p.m. Stations of the Cross
Fr. Marty Teaches

No School – Staff Day

Kindergarten Open House 5:00 – 7:00 p.m.
9:00 a.m. Mass – planned by 2nd grade
10:00 a.m. 4th grade Recorder Recital
2nd Grade Faith Sharing Centers 3:00 – 7:00 p.m.
9:00 a.m. Visiting Mass

NO AFTERNOON BUS SERVICE

10:30 a.m. and 12:45 p.m. Shadow Stations of Cross
9:00 a.m. Visiting Mass

No School – Easter Break

No School – Easter Break

No School – Easter Break

9:00 a.m. Visiting Mass
12:30 p.m. Ag in the Classroom – 3rd grade

Sincerely,

LeAnn M. Dahle
Principal